



VISION BOARDS

Vision boards are a great way to teach your children how to plan for the future. You can also invite your friends and their children to create their own and host a fun social distancing event.

Before you begin putting thoughts down on paper:

1. Have a conversation with your child about your own financial goals. Perhaps share some of the goals you had as a youth. Did you accomplish those goals? If not, what did you learn?
2. Review the definition of a financial goal with your child.
 - a. **A goal is a desired result from one's efforts to achieve personal economic satisfaction.**
3. Discuss why it is important to set SMART goals. Describe what smart goals are:
 - a. Specific, Measurable, Achievable, Relevant, Time-Bound
 - b. Give examples: It's not enough to say, "I want to save money." Goals should be specific and measurable. "I want to save money so I can buy my own snacks every day."
4. Discuss what values are and ask your children to think of their own
 - i. **Values are your judgment of what is important in the way you live, work and manage your money**
 - ii. Values should determine your priorities
 - iii. *Examples: family, honesty, respect, loyalty, hard work, responsibility, education, healthy lifestyle, creativity, innovation, achievement, commitment to community and financial wellness*
5. Once you have helped your child to create their own financial goal, now you can move on to the arts and crafts.
6. Begin Vision Board Exercise.
 - i. Ask your children to create visual representations of the goals they created.
 - ii. Gather magazines, cutouts, markers, etc. Instruct your child to create a collage of the things that they value, the financial goals they want to achieve. Tell them to create a story about what they want their lives to look like.
 - iii. Participants will paste the above items onto the poster board provided.
7. Involve the whole family. Ask the grandparents, aunts, and family friends to create their own vision boards.
8. Show and tell! Once the vision boards are finished, each child (and family member) can present their vision board.
9. Encourage the children to hold each other accountable throughout the year. Display the vision boards proudly in your child's room or the family common area.