

Worksheet for Money Goals / Intentions

- ▶ Think about your goals for your finances. Write your goals or intentions around Money (be specific and measurable).
 - For example, my intention is to rent an apartment next year for around \$1,500/month.

- ▶ _____
- ▶ _____
- ▶ _____

- ▶ What are your obstacles. What worries you about achieving your goals?
 - For example, 'this is so hard, how am I going to do this...?'

- ▶ _____
- ▶ _____
- ▶ _____

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- ▶ What holds you back from achieving your financial goals?
 - For example, 'I will never be able to afford my own apartment.'

- ▶ _____
- ▶ _____
- ▶ _____

- ▶ What are some opportunities that are available to you? What will help you achieve your goals?
 - 'A new job, a new source of income?'

- ▶ _____
- ▶ _____
- ▶ _____